



## United Way of Northern Utah

*Serving Box Elder, Morgan,  
Oneida, and Weber Counties*



# VOLUNTEER GUIDE

YOUR GUIDE TO VOLUNTEER OPPORTUNITIES



[UWNU.ORG](http://UWNU.ORG)

# ABOUT US

# LIVE UNITED



## ABOUT UNITED WAY OF NORTHERN UTAH

### OUR MISSION

*We UNITE people and organizations to build a healthy, stable, and well-educated community where individuals, families, and neighborhoods thrive.*

### 2025 IMPACT GOALS



#### COMMUNITY LEADERSHIP

Lead Community-Wide Efforts to Achieve Whole Community Growth



#### EDUCATION

Prepare Children to Succeed in School and Life



#### INCOME

Build a Community of Financially Stable and Independent Families



#### HEALTH

Develop a Community of Healthy Individuals



# TABLE OF CONTENTS

**WELCOME LETTER.....4**

**YEAR OF ACTION CALENDAR.....5**

**SIGNATURE EVENTS.....6-8**

    211 DAY.....6

    READ ACROSS AMERICA DAY.....6

    DAY OF ACTION.....7

    DAY OF CARING.....7

**COMMUNITY DONATION DRIVES.....8-12**

    BOOK DRIVE.....8

    COMMUNITY BABY SHOWER.....9

    HEALTH & HYGIENE DRIVE.....9

    STUFF THE BUS SCHOOL SUPPLY DRIVE.....9

    SEASON OF SERVICE: WARM CLOTHING & FOOD DRIVES.....9

**ONGOING OPPORTUNITIES.....10**

    WELCOME BABY HOME VISITOR.....10

    LEARN WITH PLAYGROUP.....10

    AMERICORPS EDUCATION INITIATIVE OF UTAH.....11

    PRO BONO BUSINESS CONSULTING.....11





# WELCOME LETTER



**Mandi Schill**  
*Events and Donor  
Engagement Manager*

At United Way of Northern Utah, we work to create meaningful, lasting change for every individual in Northern Utah. Our programs and services focus on the health, education, and financial stability of our community members. We take action by preparing children to learn, helping kids succeed in school, building a community of financially stable and independent families, and sustaining a community of healthy individuals, all while connecting these individuals with the resources they need to maximize their potential. Our mission is not simply to feed one person for a night, but to open doors of opportunity for every individual to succeed. Through your support and commitment, we know your goals are aligned with ours, and together we can make a difference.

Volunteers are the driving force behind community change. With corporate and nonprofit partners, United Way of Northern Utah coordinates volunteer efforts to elevate the success of the entire community. We build on a sense of pride and readiness to educate parents, tutor students, clean up neighborhoods, and coach families and individuals to become financially independent. As you look for volunteer opportunities, please refer to this guide to help you choose the right opportunity for you, your workplace, and even your family and friends. If you don't see the perfect volunteer experience, please reach out as I am happy to work with you to create a customized volunteer experience to support your vision and goals.

As United Way of Northern Utah's Events and Donor Engagement Manager, I can help you find ways to engage your employees year-round, plan meaningful impact projects that align with your goals, and make a lasting change in our community. I invite you to connect with me to learn about how we can partner to lift our community together.

As we work together, we aim to create meaningful, lasting change for every individual in northern Utah. This is our goal, and it cannot be done without you. Thank you for your support. We appreciate your time, service, and commitment.

Sincerely,

*Mandi Schill*

*Events and Donor Engagement Manager*



United Way  
of Northern Utah

# YEAR OF ACTION

[uwnu.org/volunteer](http://uwnu.org/volunteer)

## JANUARY & FEBRUARY

### FEBRUARY

### MARCH

## MARCH & APRIL

### MAY & JUNE

### JUNE

## JULY & AUGUST

### SEPTEMBER

## OCTOBER-DECEMBER

### BOOK DRIVE

Encourage children's reading achievement by increasing access to books for children.

### 211 DAY

Raise awareness of community resources with this annual outreach.

### READ ACROSS AMERICA

Read with children as they celebrate this annual nationwide recognition of Dr. Seuss's birthday.

### COMMUNITY BABY SHOWER

Collect new baby essentials to provide local moms and new babies a strong start.

### HEALTH & HYGIENE DRIVE

Ensure families in our communities are set up for success and can feel their best.

### DAY OF ACTION

Join thousands of people across the globe and volunteer to fight for the health, education, and financial stability of every person in every community.

### STUFF THE BUS SCHOOL DRIVE

Gather donations, then help us pack our school bus with backpacks and school supplies for children in need.

### DAY OF CARING

Roll up your sleeves and work with hundreds of volunteers to make an impact through service in our communities.

### SEASON OF SERVICE: FOOD & CLOTHING DRIVES

Help make the holidays bright for local kids and families by donating food and new coats.







## 211 DAY

*February*

Utah 211 works to connect members of our community to health and human resources, as well as meaningful volunteer opportunities. Utah 211 is a free and confidential service, available by phone or website 24 hours, 7 days a week.

211 Day is an annual outreach event in which 211 Utah and United Way of Northern Utah partner to share the statewide 211 resource with our communities. 211 Day, February 11th, serves as an exciting opportunity to hold an intentional outreach event in which we look at areas of high need in our community and share information accordingly for the greatest impact. With support from fabulous volunteers and staff, 211 and UWNU canvass neighborhoods with informational door hanger flyers that share what resources are available and how to connect with Utah 211.

Volunteers for this event will help distribute information and raise awareness of 211.

**STRATEGIC PLAN GOAL | Health, Income, Education**



## READ ACROSS AMERICA

*March*

“You’re never too old, too wacky, too wild, to pick up a book and read to a child.” So said Theodor Seuss Geisel, better known as Dr. Seuss. It is clever phrasing for such an important task. Reading to children is one of the best things we can do to help them start and stay on a path to success.

Read Across America Day is a nationwide reading celebration that takes place annually to recognize Dr. Seuss’s birthday. United Way of Northern Utah partners with local elementary schools to teach children the importance of literacy and how much fun it can be to read.

Other activities to support early literacy may also be included in our Read Across America celebrations, such as installing lending libraries throughout the community and encouraging use of public libraries.

Volunteer opportunities for this event include reading to children and installing lending libraries.

**STRATEGIC PLAN GOAL | Education**



# SIGNATURE EVENTS

## DAY OF ACTION

*June*

Every June, local United Ways in hundreds of cities nationwide participate in United Way Day of Action. Day of Action focuses on advocacy to improve our communities access to health, education, and income. United Way of Northern Utah hosts an advocacy-focused volunteer event to engage companies, community groups, families, and individuals to take action in projects that support our strategic plan and goals.

Advocacy projects will be selected based on community needs and alignment with United Way of Northern Utah's mission and goals.

Volunteer opportunities for this event will be based around the advocacy projects selected each year.

**STRATEGIC PLAN GOAL | Community Leadership, Education, Health, Income**

## DAY OF CARING

*September*

United Way's Day of Caring brings together thousands of volunteers across the nation. Day of Caring harnesses the volunteer spirit and improves the conditions of communities in which we live.

Locally, United Way of Northern Utah creates and supports a fun volunteer event to engage companies, community groups, families, and individuals in service that benefits Northern Utah communities and nonprofit organizations.

Service projects will be selected based on community needs and alignment with United Way of Northern Utah's mission and goals.

Volunteer opportunities for this event will be based around the service projects selected each year.

**STRATEGIC PLAN GOAL | Community Leadership, Health, Education, Income**





# COMMUNITY DRIVES

For years, United Way of Northern Utah has been a leader in promoting community drives that affect our Community Schools and other local agencies in our service areas of Box Elder, Morgan, Oneida, and Weber counties. Our schools and partner agencies are often in need of new items to support the families they serve. The in-kind donations that we receive from individuals, groups, and corporate sponsors help the children in our community and their families by alleviating their financial burden or food insecurities. In 2019, we received nearly \$80,000 in in-kind donations. From diapers and backpacks to new coats and frozen turkeys, these donations help our communities thrive.

Volunteer opportunities for community drives include: hosting a community drive, receiving donations from throughout the community, and distributing donations to the community recipients.



## BOOK DRIVE

*January-February*

Every child needs a book. Children who are read to more frequently at age 4-5 achieve higher test scores for both reading and numeracy by third grade. These differences in reading and cognitive skills are not related to the child's family background or home environment but are the direct result of how frequently they have been read to prior to starting school. The most successful way to improve the reading achievement of children is to increase access to books. At United Way of Northern Utah, we encourage families to read to their preschool children and provide a way for families to build their children's library by giving them books. In 2019, over 6,000 books were collected and distributed throughout the community.





# COMMUNITY DRIVES

## COMMUNITY BABY SHOWER

*March-April*

A Community Baby Shower is just that - baby gifts and supplies donated from the community and then given back to those in need. Individuals, groups, and corporate partners host baby showers, either as a one-time event or over a period of a few weeks. This support is central to the success of our program, Welcome Baby. Families receive a diaper bag filled with new essential baby items during the first home visit with their volunteer. Home visitors also take much needed baby items such as diapers, wipes, and children's books into the homes on monthly visits. These items help families who often could not otherwise afford them.

## HEALTH & HYGIENE DRIVE

*May-June*

The hygiene supply drive ensures that families in our communities are set up for success, feel their best, and have access to basic health supplies. Many families don't have access to toothpaste, toothbrushes, shampoo, and laundry soap. Good personal hygiene is a simple way to live a healthier life. The supplies donated through this drive will help individuals stop the spread of germs and fight common viruses and infections.

## STUFF THE BUS SCHOOL SUPPLY DRIVE

*July-August*

You can help children start a new year with confidence and supplies for school success. We partner with nonprofit agencies in our service area to ensure that every student is ready for school. From backpacks to folders and calculators to crayons, these donated items help remove the pressure from families in need.

## SEASON OF SERVICE: WARM CLOTHING AND FOOD DRIVE

*October-December*

Help to share the warmth as we strive to ensure families have warm clothes during the cold Utah months. Donated clothing items are distributed to families in Box Elder, Morgan, Oneida, and Weber counties.

There are 36,000 people in Box Elder, Morgan, Oneida, and Weber counties who are facing food insecurity. When sponsoring our food drive, you are helping to feed hungry children and families in these four counties.

# ONGOING OPPORTUNITIES

## WELCOME BABY HOME VISITOR

Welcome Baby is a free community service for parents of young children from birth through three years of age. It is designed to promote a healthy beginning for parents, new babies, and their family members.

Trained volunteers visit parents monthly in their homes. They provide age-specific developmental information and tips, learning kits and game ideas, help with positive parenting skills, and give one-on-one support. Home visitors also discuss good health habits, school readiness activities, and family economic self-sufficiency. They also help connect families with resources in the community as needs arise.

### PROGRAM GOALS

- Improve parent skills and knowledge of developmental milestones
- Support parents in preparing children to be kindergarten ready
- Improve mental health of parents (decrease child maltreatment)
- Improve physical health of children

### VOLUNTEER REQUIREMENTS

- Commit at least six months to the program
- Attend at least one in-service training per quarter of the year
- Preference given to volunteers who have experience working with children and families - especially experienced grandparents, parents, and couples

**STRATEGIC PLAN GOAL | Education, Health**

## LEARN WITH PLAYGROUP

Learn with Playgroup brings together parents and children to build a community of peers to foster nurturing behaviors, provide social support, help families access needed services, and model developmentally appropriate practices.



### PROGRAM GOALS

- Expose children to early childhood learning for kindergarten readiness
- Help families build social connections and learn parenting skills
- Introduce families to community resources

### VOLUNTEER REQUIREMENTS

- Six month commitment to the program
- Volunteer a total of six hours per week (two playgroups per week for two hours each day, with up to two hours of preparation)
- Follow a provided curriculum to lead a playgroup of parents and their children ages 0-5 years old

**STRATEGIC PLAN GOAL | Education, Health**





# ONGOING OPPORTUNITIES

## AMERICORPS EDUCATION INITIATIVE OF UTAH (AEIOU)

Be a reading tutor or mentor for students to help them succeed in school and graduate on time. Children who fall behind in reading by third grade are three times more likely to drop out of high school. AEIOU helps fill in the gaps as the most-recognized one-on-one tutoring program in Utah, helping over 80% of its participants increase by three or more reading levels by the end of 30 weeks.

### PROGRAM GOALS

- Increase tutoring and mentoring support from caring adults
- Improve students' reading abilities
- Increase number of students graduating from high school

### VOLUNTEER REQUIREMENTS

- A desire to make a difference for children
- A positive attitude toward reading and school
- Twice weekly commitment of 30 minutes each time for at least 10-30 weeks
- Willingness to attend a 1-hour training that will teach the tutoring methods we use
- Commitment to following our tutoring program methods and systems

### STRATEGIC PLAN GOAL | Education

## PRO BONO BUSINESS CONSULTING

Help provide our local area nonprofits the knowledge, skills and support to achieve their missions. Without the needed expertise or training, it's difficult for nonprofit staff to perform all their job responsibilities. Engaging your employees to provide subject matter expertise through pro bono consulting is a great way to enhance the capability and the capacity of our local area nonprofits in the most meaningful ways. Support can range from one-hour virtual training to six-month projects where employees volunteer 2-5 hours per week.

### VOLUNTEER OPPORTUNITIES INCLUDE

- One-on-one consulting with a local community nonprofit
- Supporting the completion of a project
- Creating on-demand training content

### SIX SKILL AREAS OF HIGHEST NEED

- **Marketing**
- **Human Resources**
- **Software and Technology**
- **Strategic Planning**
- **Finance and Accounting**
- **Leadership Development**

WE UNITE PEOPLE AND ORGANIZATIONS TO BUILD A HEALTHY,  
STABLE, AND WELL-EDUCATED COMMUNITY WHERE INDIVIDUALS,  
FAMILIES, AND NEIGHBORHOODS THRIVE.

## LIVE UNITED

### UNITED WAY OF NORTHERN UTAH

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### UNITED WAY REP

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→ Visit [www.uwnu.org/volunteer](http://www.uwnu.org/volunteer) to volunteer today. ←



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### ANNUAL REPORT

[uwnu.org/who-we-are/reports.html](http://uwnu.org/who-we-are/reports.html)



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